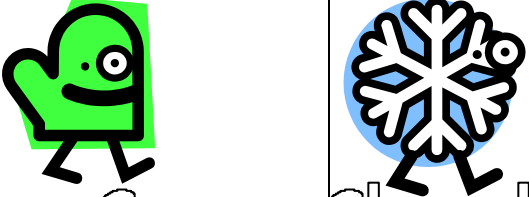











	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>12-5-11</b>	<b>12-6-11</b>	<b>12-7-11</b>	<b>12-8-11</b>	<b>12-9-11</b>
<b>AM SNACK</b>	1%, 4% Milk Kix	1%, 4% Milk Hard-boiled Egg & Toast	1%, 4% Milk Cheerios	1%, 4% Milk Biscuit	1%, 4% Milk Nutrigrain Bar
<b>LUNCH</b>	1%, 4% Milk Egg Salad Sandwiches Pears Vegetable Soup Whole Wheat Bread	1%, 4% Milk Chicken Nuggets Peas/Carrots Spinach Macaroni & Cheese	1%, 4% Milk Beef Enchiladas Corn Mandarin Oranges Tortilla	1%, 4% Milk Baked Turkey Diced Potatoes Mixed Vegetables Cornbread Muffin	1%, 4% Milk 4 Cheese Lasagna Green Beans Banana Half Noodles + Wheat Bread Slice
<b>PM SNACK</b>	Water Applesauce Cup Ritz Bitz Crackers	100% Fruit Juice Hummus Pita Bread	Water Banana Half Cheese it's Crackers	Water Peach Cup Cinnamon Teddy Grahams	Water Mixed Fruit Cup Animal Crackers
	<b>12-12-11</b>	<b>12-13-11</b>	<b>12-14-11</b>	<b>12-15-11</b>	<b>12-16-11</b>
<b>AM SNACK</b>	1%, 4% Milk Cornflakes	1%, 4% Milk Yogurt & Mini Muffin	1%, 4% Milk Rice Krispies	1%, 4% Milk Mini Bagel w/ cream cheese	1%, 4% Milk Nutrigrain Bar
<b>LUNCH</b>	1%, 4% Milk Cheese Pizza Vegetable Soup Applesauce (Crust)	1%, 4% Milk Chicken Pot-Pie Steamed Broccoli Fruit Cocktail Biscuit	1%, 4% Milk Beef Spaghetti Green Beans Apples Noodles + Roll	1%, 4% Milk Chicken Salad Sandwiches Baked Beans Sweet Potato Fries Whole Wheat Bread	1%, 4% Milk Beef Soft Tacos Corn Peaches Tortilla
<b>PM SNACK</b>	Water Peach Cup Graham Crackers	Water String Cheese Saltine Crackers	Water Mixed Fruit Smoothie Goldfish Crackers	100% Fruit Juice Soy Butter Hi Ho Crackers	Water Strawberry Applesauce Cup Vanilla Wafers
	<b>12-19-11</b>	<b>12-20-11</b>	<b>12-21-11</b>	<b>12-22-11</b>	<b>12-23-11</b>
<b>AM SNACK</b>	1%, 4% Milk Kix	1%, 4% Milk Hard-boiled Egg & Toast	1%, 4% Milk Nutrigrain Bar	 <p><b>Center Closed for Winter Break</b></p>	
<b>LUNCH</b>	1%, 4% Milk Grilled Cheese Sandwiches Tomato Soup Banana Half Wheat Bread	1%, 4% Milk Fish Shapes Black Beans Crushed Pineapple Rice Pilaf	1%, 4% Milk Baked Turkey Yams Green Bean Casserole Roll		
<b>PM SNACK</b>	Water Peach Cup Teddy Grahams	Water Mixed Fruit Cup Animal Crackers	Water Applesauce Cup Cheese it's		

	12-26-11	12-27-11	12-28-11	12-29-11	12-30-11
AM SNACK					
LUNCH	<h1>Center Closed for Winter Break</h1>				
PM SNACK					
	1-2-12	1-3-12	1-4-12	1-5-12	1-6-12
AM SNACK			1%, 4% Milk Cheerios	1%, 4% Milk Cinnamon Biscuit	1%, 4% Milk Rice Krispies
LUNCH	<h1>Center Closed for Winter Break</h1>		1%, 4% Milk Tuna Salad Mandarin Oranges French Fries Saltine Crackers	1%, 4% Milk Beef Stroganoff Steamed Carrots Pears Egg Noodles + Roll	1%, 4% Milk White Chicken Enchiladas Black Beans Corn Tortill a
PM SNACK			Water Banana Half Goldfish Crackers	Water String Cheese Hi Ho Crackers	Water Strawberry Applesauce Cup Graham Crackers

**MEAL COMPONENTS**

**BREAKFAST**

	<u>Age 1-5</u>	<u>Age 6-12</u>
MILK, fluid	8 ounce	8 ounce
JUICE or FRUIT or VEGETABLE	½ cup	½ cup
BREAD or BREAD ALTERNATE	½ serving, 1/3 cup, or ½ ounce	1 serving, ¾ cup, or 1 ounce

**\*RECIPE ON FILE**

**LUNCH or SUPPER**

	<u>Age 1-5</u>	<u>Age 6-12</u>
MILK, fluid	8 ounce	8 ounce
MEAT or MEAT ALTERNATE	1 ½ ounce	2 ounce
VEGETABLE	¼ cup	¼ cup
FRUIT	¼ cup	¼ cup
BREAD	½ serving, 1/3 cup, or ½ ounce	1 serving, ¾ cup, or 1 ounce

**AM or PM SNACK**

**(Serve 2 of 4 components)**

	<u>Age 1-5</u>	<u>Age 6-12</u>
MILK, fluid	8 ounce	8 ounce
MEAT or MEAT ALTERNATE	½ ounce	1 ounce
JUICE OR FRUIT or VEGETABLE	½ cup	¾ cup
BREAD or BREAD ALTERNATE	½ serving, 1/3 cup or ½ ounce	1 serving, ¾ cup or 1 ounce

- 4% milk ages 1-2; 1% milk over 2 years  
changes will be announced by 8 am

- Menu modifications provided by food service staff and classroom staff to meet individual developmental needs.